

and



Presents the April 2025 Educational Monthly Support Group

Activity:
Using Art to Manage Stress and
Express Emotions

Where: EFGSI Event Hall 750 W H Street Belleville, IL 62226

When: April 15, 2025 From 11:00am to 2:00pm

Please bring a sack lunch.

Please RSVP to Janee Baldwin at (618) 236-2181 ext. 116 or janeeb@epilepsygsil.org by April 7, 2025.

Sponsored by the St. Clair County Mental Health Board, Madison County Mental Health Board, and the Illinois Department of Human Services.

